Lent Term Menu 2020 Week One

	MONDAY	TUEODAY	WEDNESDAY	THIRDS AV	EDID AV	OATUDDAY.	OUNDAY		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day		
	Roasted chicken legs	Butter chicken curry	Cumberland sausage with onion gravy	Chicken milanese	Homemade battered fish	Lunch at	CARVERY LUNCH		
	Irish lamb stew	Lentil dahl and Garlic nan	Beef biryani		Steamed fish		Roast sirloin of beef, Yorkshire pudding, Gravy,		
	Gnocchi in creamy cheese sauce (V)	Butternut squash and chickpea curry (V)	Aubergine parmigiana (V)	Vegetable stroganoff (V)	Cheese quiche (V)	the café	Pasta bake (V)		
LUNCH	Rice Roast potatoes Carrots Garden peas	Rice Bombay potatoes Broccoli Sweet potato	Rice Mash potato Savoy cabbage Curry Cauliflower	Rice Sauté potatoes Green beans Sweetcorn	Chips Garden peas Baked beans		Rice Roast potatoes Cauliflower cheese Carrots, Peas		
	Pasta with homemade tomato and fresh herb sauce	Pasta with homemade tomato and fresh herb sauce	Pasta with homemade tomato and fresh herb sauce	Pasta with homemade tomato and fresh herb sauce	Pasta with homemade tomato and fresh herb sauce				
	Jacket potatoes, Roasted sweet potatoes, Baked beans and Cheese	Jacket potatoes, Roasted sweet potatoes, Baked beans and Cheese	Jacket potatoes, Roasted sweet potatoes, Baked beans and Cheese	Jacket potatoes, Roasted sweet potatoes, Baked beans and Cheese	Jacket potatoes, Roasted sweet potatoes, Baked beans and Cheese				
	Fresh seasonal salads served daily.								
	Chocolate cake	Sticky toffee pudding	Marble cake	Rice pudding	Fruit crumble	Chocolate doughnuts	Fruit crumble		
	Daily range of potted, chilled desserts, jellies and tray bakes.								
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt		
	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection		
	Homemade fresh soup of								
	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day		
	Linguini with bolognaise sauce	Chicken egg fried rice	Beef ramen	Pork in sweet and sour sauce	Turkey escalope	BURGER NIGHT	Chicken wings		
	Chicken enchilada	Baked salmon	Chicken provençal	Chicken teriyaki	Linguini carbonara		Stir fry pork with noddle's		
PER	Ravioli with tomato and mozzarella (V)	Quorn chilli (V)	Vegetable gratin (V)	Vegetable stuffed peppers (V)	Quorn fillet (V)	Vegetable burger (V)	Puff pastry stuffed with mushrooms and goat cheese (V)		
	Rice	Rice	Onion rings	Rice	Rice	Chips	Rice		
	Potatoes	Potatoes	Potato wedges	Potatoes	Potatoes	Onion rings	Potatoes		
S	Seasonal vegetables	Seasonal vegetables	Corn on the cob	Seasonal vegetables	Seasonal vegetables		Seasonal vegetables		
	Fresh seasonal salads served daily.								
	Fruit salad	Strawberry tart	Fruit cocktail fool	Apricot roulade	Banana toffee pavlova	Waffle with vanilla ice cream	Pancakes with chocolate		
	Baked cheesecake	Chocolate brownie	Strudel	Chocolate mousse	Marble cake		sauce		
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt		
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	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection		

Lent Term Menu 2020 Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	
	Chicken casserole	Katsu day	Homemade sausage roll with onion gravy	Roast chicken with stuffing	Asian salmon	Lunch at the café	CARVERY DAY	
	Beef bolognaise		Chicken thighs in garlic and thyme		Steamed salmon		Roast leg of lamb with Red current gravy, Yorkshire puddings	
LUNCH	Red lentils and vegetable curry (V)	Ratatouille gratin (V)	Shakshouka with eggs (V)	Tortellini with herb pesto (V)	Pea and parmesan risotto (V)		Cheese pasties (V)	
	Rice Pasta Carrots Green beans	Rice Curried cauliflower Broccoli	Rice Mash potatoes Sweetcorn Cabbage	Rice Roast potatoes Courgette Sweet potatoes	Rice Chips Peas Baked beans		Roast potatoes Broccoli, Carrots, Cauliflower cheese	
	Pasta with homemade tomato and fresh herb sauce	Pasta with homemade tomato and fresh herb sauce	Pasta with homemade tomato and fresh herb sauce	Pasta with homemade tomato and fresh herb sauce	Pasta with homemade tomato and fresh herb sauce			
	Jacket potatoe, Roasted sweet potatoes, Baked beans and Cheese	Jacket potatoe, Roasted sweet potatoes, Baked beans and Cheese	Jacket potatoe, Roasted sweet potatoes, Baked beans and Cheese	Jacket potatoe, Roasted sweet potatoes, Baked beans and Cheese	Jacket potatoe, Roasted sweet potatoes, Baked beans and Cheese			
	Fresh seasonal salads served daily.							
	Chocolate cake	Rice pudding	Marble cake	Apple pie	Fruit crumble	Muffins	Fruit crumble	
	Daily range of potted, chilled desserts, jellies and tray bakes.							
	Yoghurt Fresh fruit selection	Yoghurt Fresh fruit selection	Yoghurt Fresh fruit selection	Yoghurt Fresh fruit selection	Yoghurt Fresh fruit selection	Yoghurt Fresh fruit selection	Yoghurt Fresh fruit selection	
	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	Homemade fresh soup of the day	
	Pork in plum sauce	Baked salmon	Linguini carbonara	Pork in sweet and sour sauce	Chicken and egg fried rice	HOT DOG NIGHT	Chicken in crepes	
~	Chicken pie	Chicken Provencal	Chicken ramen	Kentucky fried chicken	Beef with spring onions and peppers	Jumbo Cumberland and bradwurst	Lamb in tomato sauce	
PE	Tortellini with spinach and ricotta (V)	Stir fry vegetables (V)	Quorn bolognaise (V)	Vegetable pie (V)	Macaroni cheese (V)	Quorn sausages (V)	Ravioli with tomato and parmesan (V)	
<u></u>	Rice	Rice	Rice	Rice	Rice	Wedges	Rice	
	Potatoes	Potatoes	Potatoes	Potatoes	Potatoes	Corn on the cob	Potatoes	
S	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Onion rings	Seasonal vegetables	
	Fresh seasonal salads served daily.							
	Fruit salad	Peach fool	Pineapple tart	Fruit pavlova	Strudel	Pancakes with Ice cream	Waffles with Chocolate	
	Lemon tart	Chocolate mousse	Baked cheesecake	Chocolate brownie	Tiramisu		sauce	
	Yoghurt Fresh fruit selection	Yoghurt Fresh fruit selection	Yoghurt Fresh fruit selection	Yoghurt Fresh fruit selection	Yoghurt Fresh fruit selection	Yoghurt Fresh fruit selection	Yoghurt Fresh fruit selection	

Lent Term Menu 2020 Week Three

Chicken thai green curry Chicken breast in garlic sauce Chicken breast in garlic sauce Chicken pie Chicken pie Beef meatballs in tomato sauce Steamed fish	saturday memade fresh soup of the day Lunch at	SUNDAY Homemade fresh soup of the day CARVERY DAY Roast chicken, Gravy, Yorkshire puddings and					
Chicken thai green curry Chicken breast in garlic sauce Lamb madras Chicken breast in garlic sauce Beef chilli Stuffed penners (V) Aubergine parmagiana	of the day	of the day CARVERY DAY Roast chicken, Gravy,					
Chicken breast in garlic sauce Lamb madras Chicken breast in garlic sauce Beef chilli Beef meatballs in tomato sauce Steamed fish Bombay potato and Mushroom stroganoff Sweet potato and Stuffed papers (V) Aubergine parmagiana	Lunch at	Roast chicken, Gravy,					
Lamb madras Beef chilli Steamed fish Bombay potato and Mushroom stroganoff Sweet potato and Stuffed penners (V) Aubergine parmagiana	Lunch at						
Bombay potato and Mushroom stroganoff Sweet potato and Stuffed penners (V) Aubergine parmagiana	Lanon at	Pigs in blankets					
	the café	Ratatouille gratin (V)					
Rice Rice Rice Rice							
Parsley potatoes Roast potatoes Pasta Chips		Roast potatoes					
Rice Rice Rice Rice Parsley potatoes Carrots Cabbage Curry cauliflower Broccoli Peas		Cauliflower cheese					
Garden peas Cajun sweet potatoes French beans Sweetcorn Baked beans		Broccoli and Carrots					
Pasta with homemade tomato and fresh herb sauce Sauce Pasta with homemade tomato and fresh herb sauce Sauce Pasta with homemade tomato and fresh herb sauce Sauce Pasta with homemade tomato and fresh herb sauce Sauce Sauce Sauce Sauce							
Jacket potatoe, Roasted sweet potatoes, Baked beans and Cheese Jacket potatoe, Roasted sweet potatoes, Baked beans and Cheese Jacket potatoe, Roasted sweet potatoes, Baked beans and Cheese Jacket potatoe, Roasted sweet potatoes, Baked beans and Cheese Jacket potatoe, Roasted sweet potatoes, Baked beans and Cheese							
Fresh seasonal salads served daily.							
Chocolate cake Apple pie Rice pudding Marble cake Sticky toffee pudding	affles with chocolate sauce	Fruit crumble					
Daily range of potted, chilled desserts, jellies and tray bakes. Vogburt Vogburt Vogburt Vogburt Vogburt Vogburt							
Yoghurt Yoghurt Yoghurt Yoghurt Yoghurt	Yoghurt	Yoghurt					
Fresh fruit selection Fresh	resh fruit selection	Fresh fruit selection					
Homemade fresh soup	memade fresh soup	Homemade fresh soup					
of the day of the day of the day of the day	of the day	of the day					
Beef teriyaki Baked salmon Chicken Quesadillas Pork and egg noddles	Steak phylli buns	Pork in oyster sauce					
Linguini carbonara Chicken fried rice Pork in plum sauce Spicy chicken wings		Beef pie					
Tortelini spinach and ricotta (V) Rice Rice Rice Vegetable ramen (V) Veggie burger (V) Quorn chilli (V) Pasta bake (V) Vegetable ramen (V) Veggie burger (V) Rice Rice Rice	egetable stir fry rice (V)	Cheese and onion pasties (V)					
Rice Rice Chips Rice Rice	Wedges	Rice					
Potatoes Potatoes Corn on the cob Potatoes Potatoes	Corn on the cob	Potatoes					
Seasonal vegetables Seasonal vegetables Seasonal vegetables Seasonal vegetables		Seasonal vegetables					
Fresh seasonal salads served daily.							
Fruit salad Fruit pavlova Peach tart Apricot fool Fruit crumble Ch	hocolate doughnuts	Pancakes with Ice					
Baked cheesecake Chocolate mousse Studel Chocolate brownie Tiramisu		cream					
Yoghurt Yoghurt Yoghurt Yoghurt Yoghurt	Yoghurt	Yoghurt					

BREAKFAST MENUS 2019 - 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
FULL ENGLISH BREAKFAST	CONTINENTAL BREAKFAST	HEALTHY BREAKFAST	FULL ENGLISH BREAKFAST	CONTINENTAL BREAKFAST		
BACON	CROISSANT	POACHED EGGS	BACON	CROISSANT	DELIVER TO THE HOUSE	DELIVER TO THE HOUS
SAUSSAGE	PAIN AU CHOCOLAT	SLICE FRUIT	SAUSSAGE	PAIN AU CHOCOLAT	AT 9.30 am	AT 9.30 am
MUSHROOM	SLICE HAM	BAKED BEANS	MUSHROOM	SLICE HAM		
TOMATO	SLICE CHEESE	BAGELS	TOMATO	SLICE CHEESE		
HASH BROWN	SLICE FRUIT	MUFFINS	HASH BROWN	SLICE FRUIT	BACON ROLL	BACON ROLL
BAKED BEANS	SCRAMBLE EGGS	FRUIT SMOOTHIE	BAKED BEANS	FRY EGGS	SAUSSAGE ROLL	SAUSSAGE ROLL
VEGI SAUSSAGE	BAKED BEANS		VEGI SAUSSAGE	BAKED BEANS	PAIN AU CHOCOLAT	PAIN AU CHOCOLAT
POACHED EGG			POACHED EGG		CROISSANT	CROISSANT
PORRIDGE	PORRIDGE	PORRIDGE	PORRIDGE	PORRIDGE	FRUIT SALAD	FRUIT SALAD
JUICES	JUICES	JUICES	JUICES	JUICES		
CEREAL SELECTION	CEREAL SELECTION	CEREAL SELECTION	CEREAL SELECTION	CEREAL SELECTION		
YOGHURT	YOGHURT	YOGHURT	YOGHURT	YOGHURT		
TEA & COFFEE	TEA & COFFEE	TEA & COFFEE	TEA & COFFEE	TEA & COFFEE		
TOAST AND PRESERVES	TOAST AND PRESERVES	TOAST AND PRESERVES	TOAST AND PRESERVES	TOAST AND PRESERVES		